



LIBERATION FROM SUFFERING

“There are two ways to achieve liberation, two ways to liberate ourselves from this valley of Samsara. The first is to become Self-realized, transformed into a Mahatma or Logos; the other, as simple elementals, without realization of the Inner Self.”

- Samael Aun Weor

The four paths:

1. The Direct Path
2. The Spiral Path
3. The path of those who are separate from the Cosmic Scenario, without having reached the level of Adept
4. The path of those who fail

- Samael Aun Weor

Absolute / Sunyata / Emptiness

7th or Zero dimension

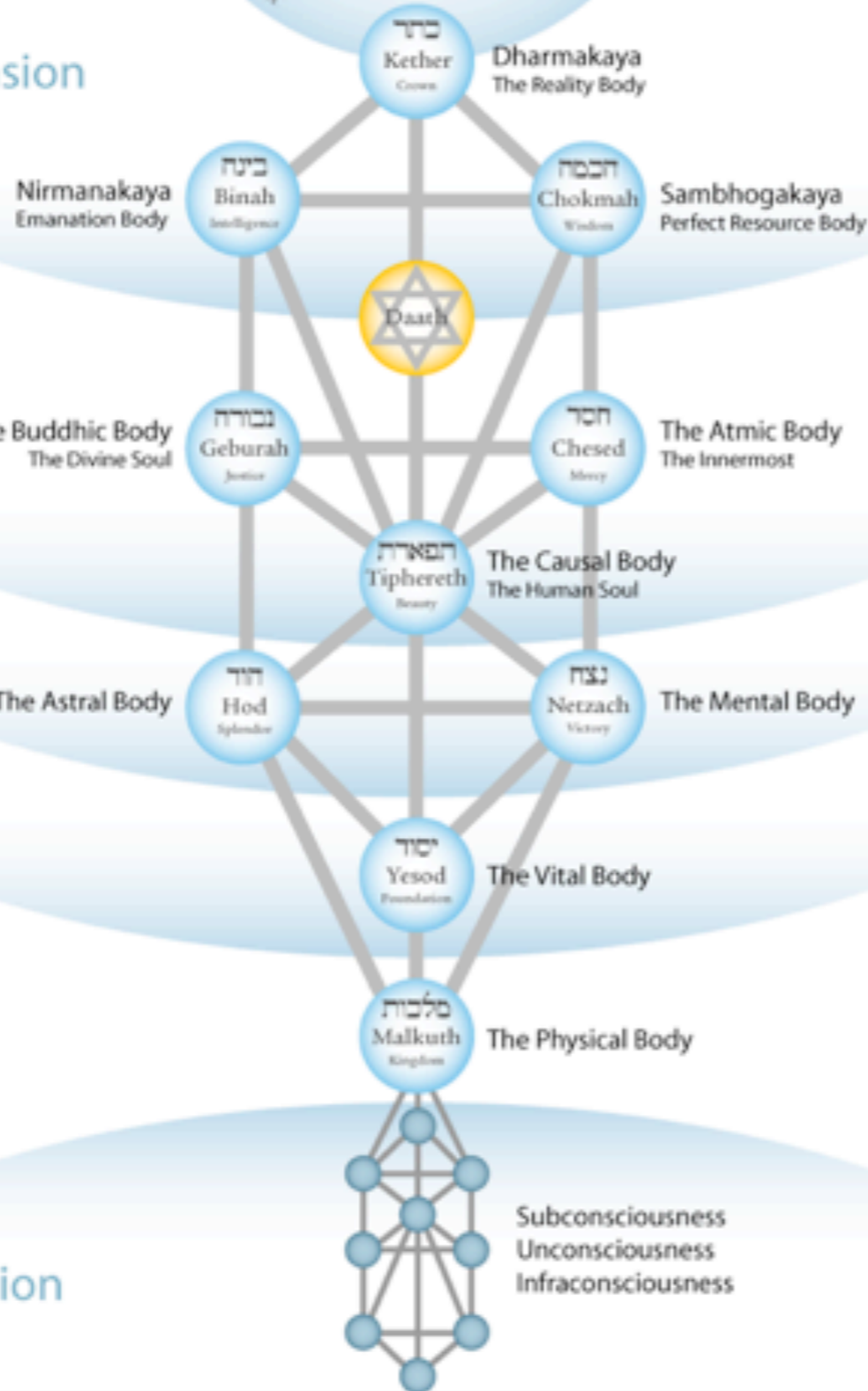
6th dimension

5th dimension

4th dimension

3rd dimension

Lower 5th dimension



1. Bodhisattvas
2. Nirvanis
3. Elementals
4. Demons

“Those who do not understand emptiness will fail to achieve liberation. Thus, ignorant beings wander helplessly in the prison of the six cyclic existences.”

- Nagarjuna





"Karmas, troubles, hindrances, and habitual psychological manifestations can only be killed thorough cultivating Bodhichitta and contemplating the Absolute."

- Milarepa, *Guiding Instructions on the Bardo*

Bodhichitta

- **bodhi:** wisdom, cognizance, understanding
- **chitta:** mind-heart

Bodhichitta: awakened mind-heart

- 1) In Sutrayana: the altruistic intention to attain enlightenment for the benefit of suffering beings.
- 2) In Mahayana: awareness (prajna) that perceives Emptiness.
- 3) In Tantrayana: the seminal fluids of the body. Tibetan byan-sems means "enlightenment mind" and "semen."

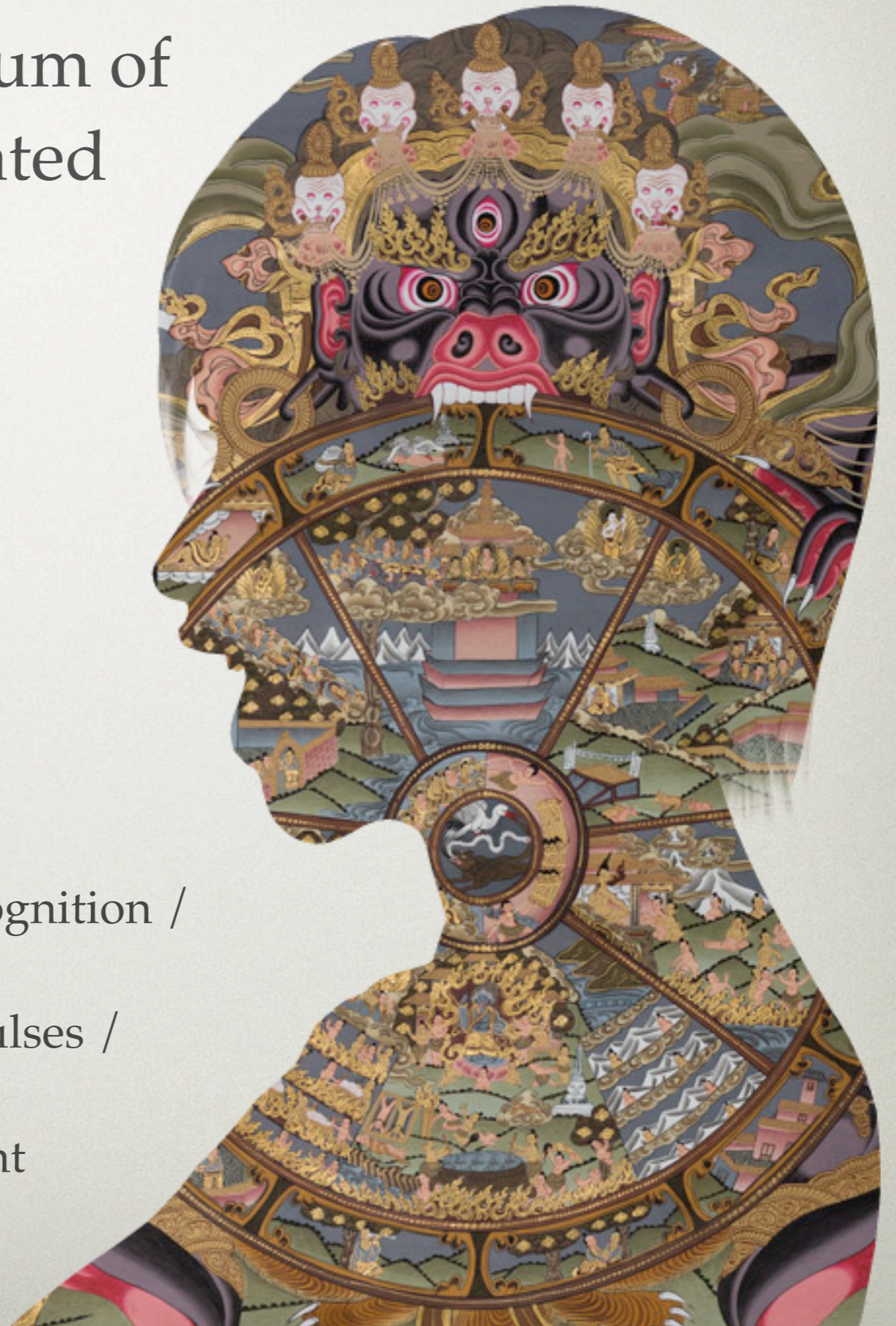
"The Bodhichitta is the awakened and developed superlative consciousness of the Being. The Bodhichitta emerges in the aspirant who sacrifices himself for his fellowmen, long before the Mercurial bodies have been created... It is necessary for the Bodhichitta, which means the auric embryo, the awakened consciousness, to fall into the Illuminated Void." - Samael Aun Weor

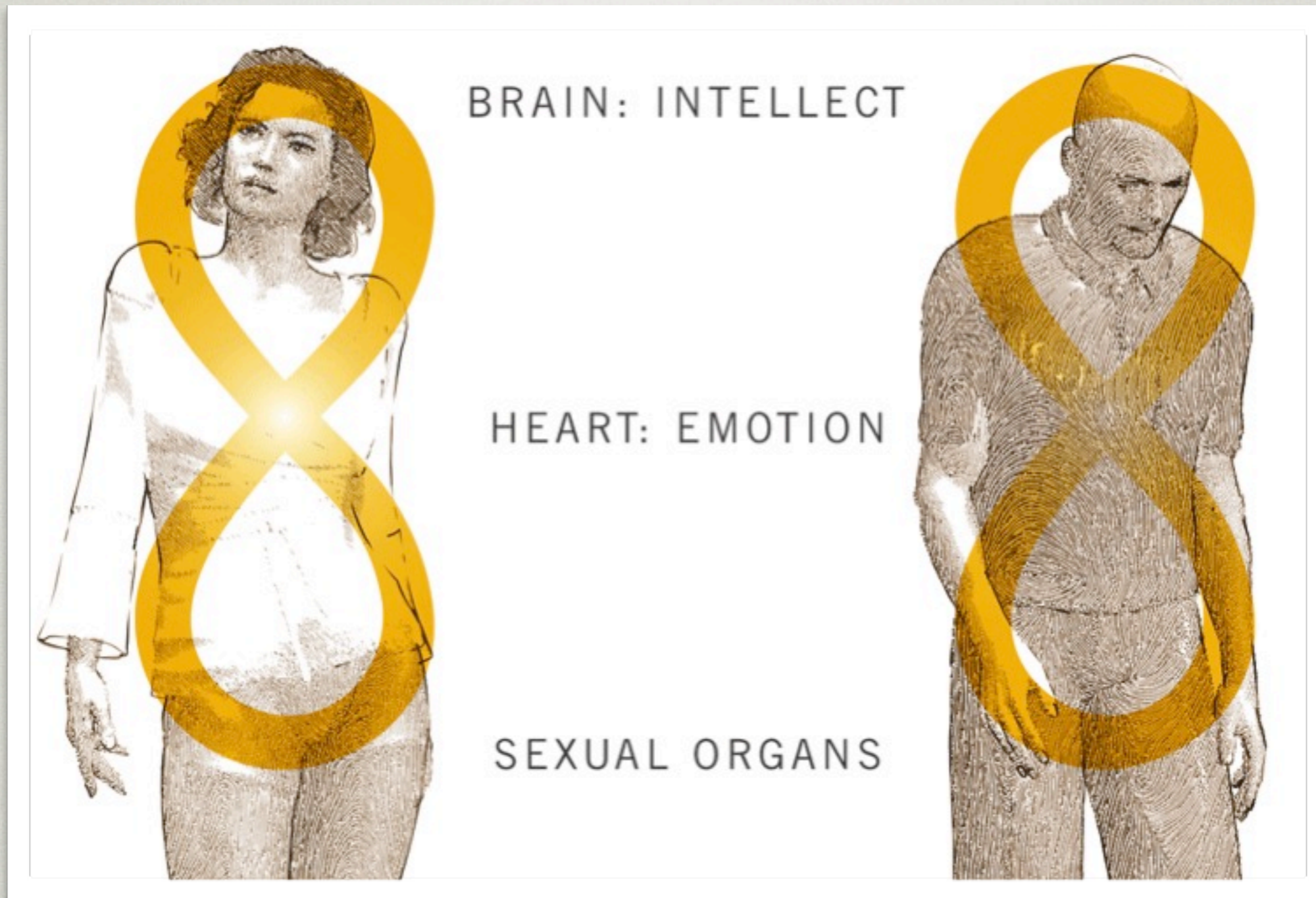
"Samsara is one's continuum of rebirth into the contaminated aggregates."

- Seventh Dalai Lama

Skandhas: aggregates

- **rūpa:** form / matter
- **vedanā:** sensation / feeling
- **samjñā:** perception / conception / cognition / discrimination
- **samskāra:** mental formations / impulses / volition / compositional factors
- **vijñāna:** consciousness / discernment



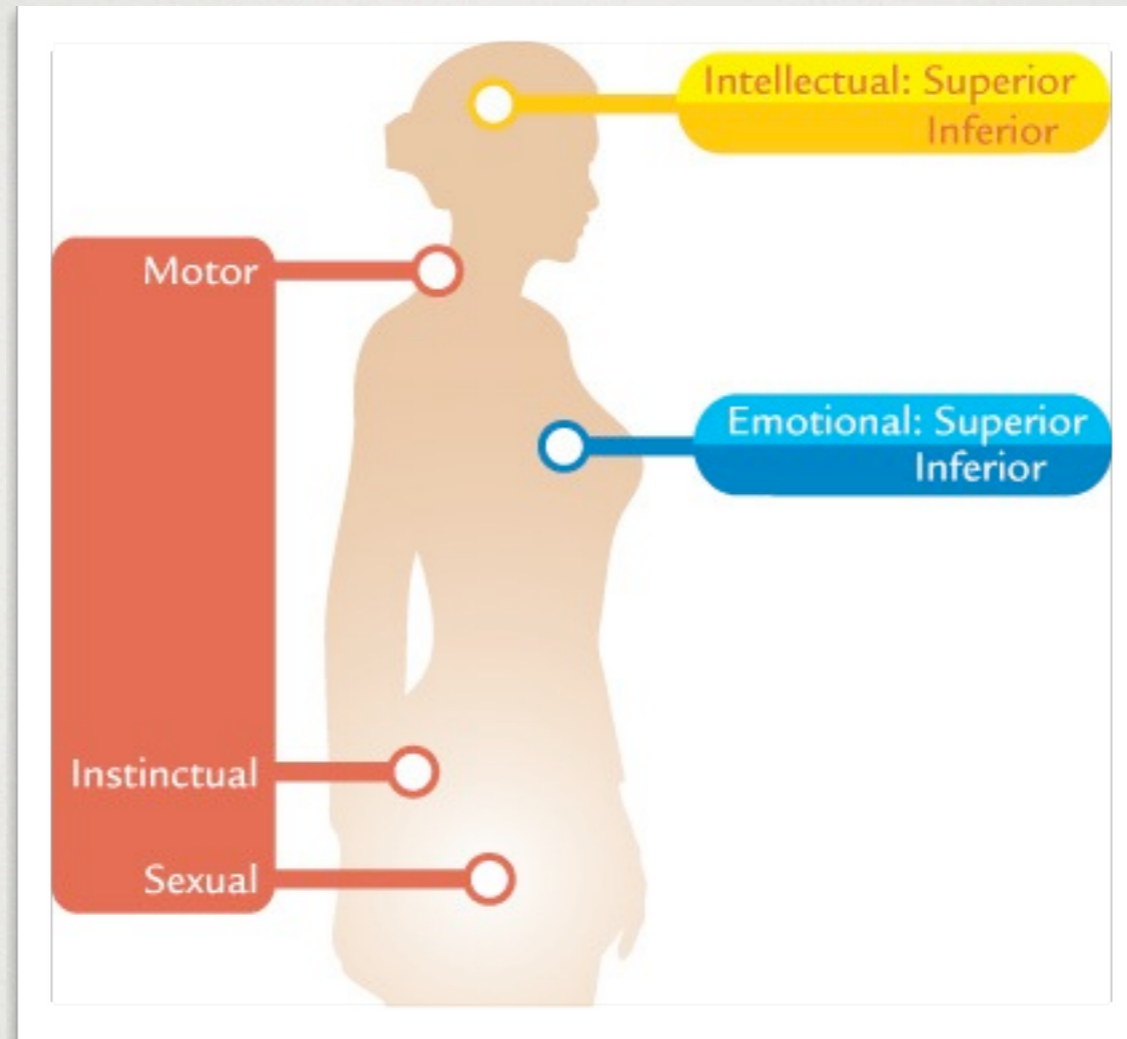


"Samsara, 'circling,' is to spin from one place to another. Nirvana is to have cut through this circling."

- Padmasambhava, *The Cycle of Vital Points*

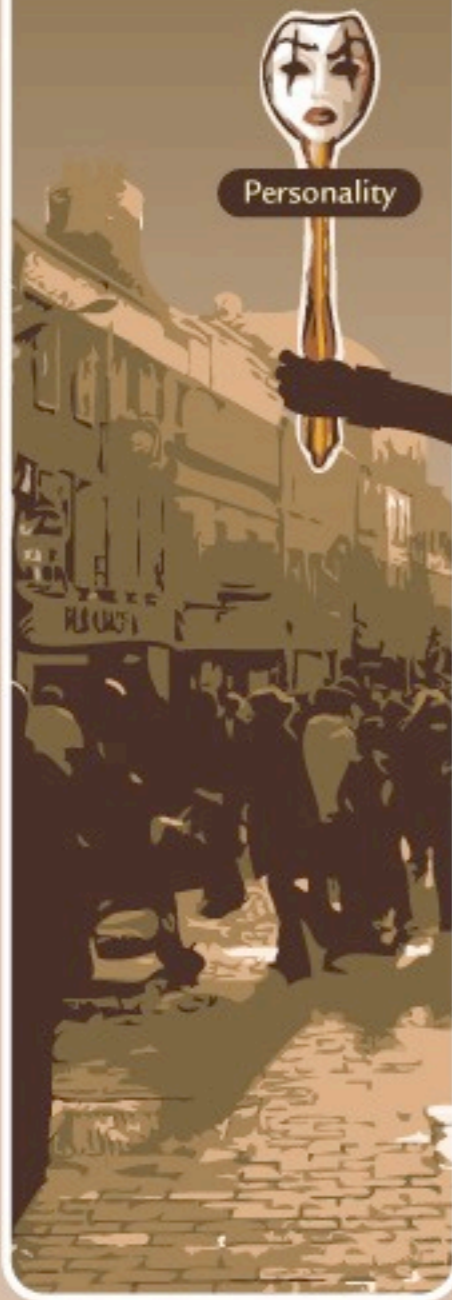
“...bodhisattvas are beings who, out of intense compassion, never shift their attention away from sentient beings; they are perpetually concerned for the welfare of all beings, and they dedicate themselves entirely to securing that welfare.”

- 14th Dalai Lama

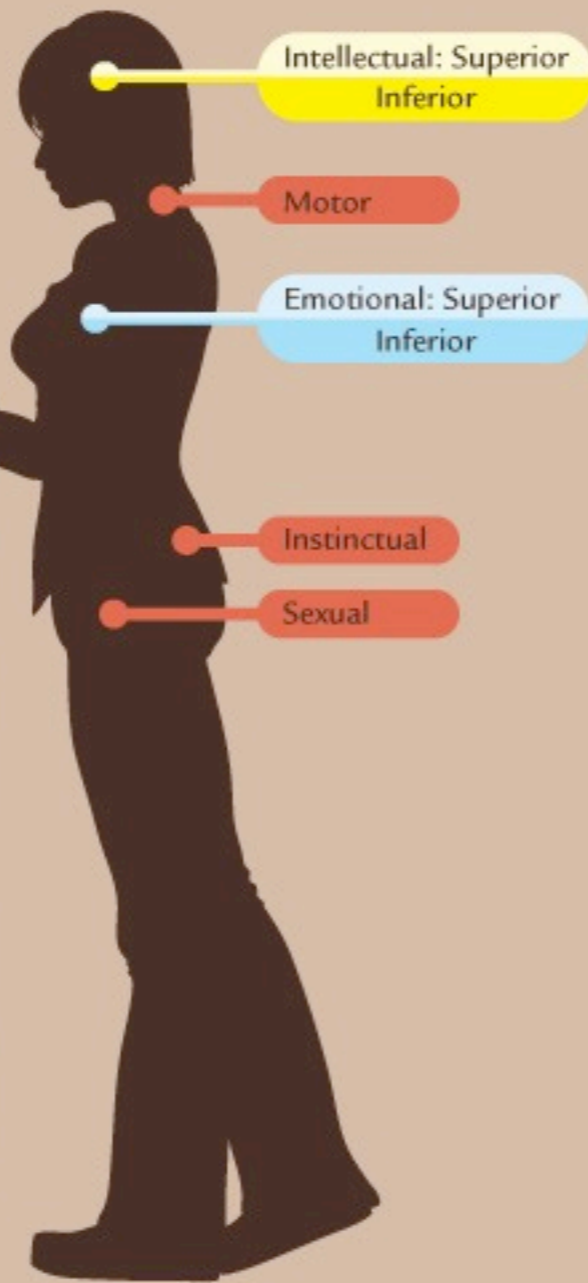


1. Recognize afflictions / delusions
2. Perceive what allows them to arise
3. Perceive how they arise
4. Perceive the faults of afflictions / delusions

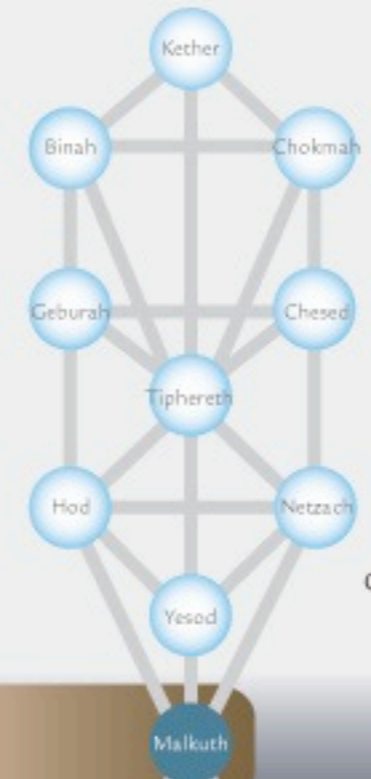
EXTERIOR WORLDS



HUMAN MACHINE



INTERIOR WORLDS



LIBERATED CONSCIOUSNESS

- Selfless Love
- Pure Chastity
- Sincere Humility
- Selfless Diligence
- Selfless Generosity
- Conscious Temperance
- Genuine Happiness for Others

CONDITIONED CONSCIOUSNESS

- Ego, the many "I's":
- Greed, Laziness,
- Lust, Anger, Pride,
- Gluttony, Envy, Self-esteem,
- Attachment, Fear, Resentment,
- Ignorance, Fanaticism,
- and thousands more



"Succession does not exist for the Self-realized and Diamantine Spirit. Only the Eternal Present exists for Him. He lives from moment to moment. He has liberated Himself from the Twelve Nidanas."

- Samael Aun Weor